

SUMMER RINGETTE CAMP

INVISTA CENTRE, KINGSTON ON.

JULY 2 & 3, 2010

Camp hours:
10:00 am
to
5:30 pm
daily

Register
by June 1st
to ensure
your
daughter's
place

EXCELLENCE

RINGUETTE



All Star Program

- * Girls born in 1998-2001 (Novice and Atome)
- * 2 hours of ice per day
- * outdoor activities
- * participation in the mini tournament during camp
- * arts and crafts
- * focus on fun and skill development
- * \$150 plus tax



Hot Shots Program

- * Girls born in 1996-1998, playing Petite (Atome) AA/A, and Tween (Benjamine) B, C
- * 2 hours of ice per day
- * outdoor activities
- * mental training
- * participation in the mini tournament during camp
- * off-ice skill development
- * focus on skill refinement
- * \$150 plus tax



Elite Program

- * Tween (Benjamine) A,AA and Junior A, AA
- * 3 hours of ice per day
- * highly qualified instructors used to working with elite athletes
- * mental skills training
- * focus on perfecting existing skills and providing the competitive edge needed to play at the elite level
- * participation in the mini tournament during camp
- * \$185 plus tax

Campers in all groups receive:

- a camp t-shirt to keep
- snacks, drinks and lunch on both days
- free early drop off (starting at 8:00am)



For more information please email registration@excellenceringuette.com.

To register please complete the on-line registration form. You will be contacted by our staff to complete the registration process. Full payment is due before June 1st.